

# Session 1: Life's Handbook

## **These are TRUE:**

1. To grow in our **relationship** with God, we need to **read** His word and **pray**.
2. God's word gives us **instruction**, **correction**, **encouragement**, and **direction** for our lives.
3. We have **biblical** examples of individuals who spent time studying God's word and praying; these examples encourage us to do the same.

## **Different Ways to Study God's Word:**

### **Read 2 Timothy 3:16.**

1. Where does Scripture come from? **IT COMES FROM GOD.**
2. What is it good for? **TEACHING, REBUKING, CORRECTING AND TRAINING IN RIGHTEOUSNESS.**

### **Read Psalm 119:9-16.**

1. What kind of help does the psalmist receive from God's word?  
**HELPS HIM STAY PURE.**  
**HELPS HIM NOT TO SIN AGAINST GOD.**  
**DELIGHT AND JOY.**

### **Read Joshua 1:8.**

1. What are we suppose to do after we read God's word?  
**CAREFULLY DO EVERYTHING WRITTEN IN IT.**
2. How will we do this?  
**BY MEDITATING ON IT DAY AND NIGHT.**