

MENTORING - Bibliography -

Appleseeds: A Ten-Week Nurturing Program for Preteen Girls, by Betty Huizenga (Cook Ministries, 2002) ISBN 0781438055

Filled with fun projects and opportunities for fellowship, this study helps pre-teen girls develop Christian characteristics.

As Iron Sharpens Iron: Building Character in a Mentoring Relationship, by Howard G. Hendricks (Moody, 1995) ISBN 080245626X – *OUT OF PRINT*

Howard Hendricks has written this primer on the process of mentoring, hoping to encourage men to enter into mentoring relationships with a view to sharing what is best in themselves with one another.

The Be-With Factor: Mentoring Students in Everyday Life, by Bo Bosheres and Judson Poling (Zondervan, 2006) Book, ISBN 0-310-27160-6'; Student Guide, ISBN 0-310-27161-4

The Be-With Factor is a practical and sustainable mentoring approach. It's patterned after Jesus' example of being with his disciples in a variety of real-life settings. It's not another program; it's about doing life with students. It's about reaching many by focusing on few.

Becoming a Woman of Influence: Making a Lasting Impact on Others, by Carol Kent (NavPress, 1999) ISBN 1576831345

Learn seven simple, life-changing principles Jesus used to disciple His followers, such as asking questions, extending unconditional love, and telling stories. There is a study guide in the back of the book that will take you on a 9-week Bible study about how Jesus influenced others. A good resource for women leaders of small groups desiring to make a difference.

Big Questions, Worthy Dreams: Mentoring Young Adults in Their Search for Meaning, Purpose and Faith, by Sharon Daloz Parks (Jossey-Bass, 2000) ISBN 0-7879-4171-9

Arguing that young people today don't have a good picture of what it means to be an adult, Sharon Daloz Parks defines the key task as of young adulthood as meaning-making: asking "big questions" and discovering "worthy dreams."

Brothers: Calling Men into Vital Relationships, by Geoff Gorsuch (NavPress, 1995) ISBN 0891098

Men need other men. Here's a guide to establishing relationships that will help men grow stronger in Christ.

Connecting: The Mentoring Relationships You Need to Succeed, by Paul D. Stanley and J. Robert Clinton (NavPress, 1992) ISBN 0-89109-638-8

Mentoring relationships are important. Here's how to seek them out and use them to grow spiritually and personally. The authors offer three types of mentoring: Intensive (discipler, spiritual guide, coach), Occasional (counselor, teacher, sponsor), Passive (models/contemporary and historical). They translate theory into practical methods through stories and examples. A full chapter on common guidelines, "The Ten Commandments of Mentoring," can help improve existing mentoring relationships and provide guidance for those considering entering into a new one. The book concludes with a helpful appendix that describes Malcom Knowles' principles for adult learning.

Divine Secrets of Mentoring: Spiritual Growth Through Friendship, by Carol Brazo (IVP, 2004) ISBN 0-8308-3237-8

The relationships people have with each other are both nurturing and encouraging. This book recounts many stories of the mentors who have contributed to the author's understanding of God and life in him. With questions following each chapter, readers can grow deeper in their spiritual understanding of prayer, forgiveness, grief, hope and faith through the relationships they share with friends and mentors.

Effective Men's Ministry, edited by Phil Downer (Zondervan, 2001) ISBN 0310236363

A comprehensive and practical resource on how to implement and conduct a healthy men's ministry in the church, drawing from the wisdom and experience of leaders in the National Coalition of Men's Ministries, a partnership of over 75 organizations from over 30 denominations, representing more than half the churches in North America.

Empower Your Kids to Be Adults: A Guide for Parents, Ministers, and Other Mentors, by Donald Joy (Evangel Publishing House, 2000) ISBN 1928915019

This Christian counselor explains how to guide adolescents into the challenging world of adulthood.

Finding a Mentor, Being a Mentor, by Donna Otto (Harvest House, 2001) ISBN 0736906428

No woman should be without the rich rewards that come from a mentoring relationship. For women who long for more, this book shows how to find a mentor, how to be a mentor, and how to nourish the kinds of relationships that produce an abundance of spiritual fruit.

A Garden Path to Mentoring: Planting Your Life in Another & Releasing the Fragrance of Christ, by Esther Burroughs (Womans Missionary Union, 1997) ISBN 1563091976

The author describes the profound influence that Christian women can have on the lives of those they mentor. Comparing the process of mentoring to gardening with examples from her own life and those of other godly women, she guides the reader down a garden path permeated by the fragrance of Christ.

The Gentle Art of Mentoring, by Donna Otto (Harvest House, 1997) ISBN 1-56507-7571 – OUT OF PRINT

Your experience and insights make you the perfect guide for helping a younger woman navigate the waters of day-to-day living and spiritual growth. This book offers practical ideas for bringing blessing to both mentor and disciple.

Gifts of Gold: Gathering, Training, and Encouraging Mentors, by Betty Huizenga (David C. Cook, 2002) ISBN 0781438098

This book encourages and equips mentors while addressing the importance of mentoring today's young women.

The Heart of Mentoring: Ten Proven Principles for Developing People to Their Fullest Potential, by Robert Tamasy and David A. Stoddard (NavPress, 2003) ISBN 1576834018

Author David Stoddard has discovered that in mentoring, giving often involves receiving, and receiving involves giving. By sharing your life with others, you will help them develop their values and priorities--not with a rigid formula or agenda, but in the natural course of a meaningful relationship.

Hungry Souls, Holy Companions: Mentoring a New Generation of Christians (Spiritual Directors International), by Patricia Hendricks (Morehouse, 2006) ISBN 978-0819221964

A smorgasbord of ideas, stories, and practical suggestions on how to be spiritual companions to young people, sharing the richness of our faith while riding along on the awesome – and often surprising – journeys of those in our spiritual care.

The Journey: Discipleship/Confirmation (Covenant Publications) Available for purchase online at www.covenantbookstore.com.

Discipleship/Confirmation is a two-year discipleship program to help 7th and 8th graders process their faith. The material covers the Old Testament, New Testament and church history. The main text is the Bible. The students have journals that begin with a short story, daily Bible reading and questions and the leaders have a guide with a variety of activities and experiences that help youth process their faith. A Parent/Mentor guide that helps adults to share their faith stories with youth accompanies the material and provides basic guidelines for developing a mentor relationship.

Men Mentoring Men Again, by Daryl G. Donovan (CSS Publishing, 2000) ISBN 0-7880-1184-7

This is a resource designed to assist Christian men to fulfill Christ's commission. The contents are not merely information. It is an action-oriented guide which requires relationship and mutual accountability. Each session will challenge men to share their victories and their struggles ... to maintain a weekly journal as well as being committed to regular Bible reading. This resource guide deals with foundational Christian principles and practice: how to pray ... study the Bible ... be led by the Holy Spirit ... how to share one's faith. Men will learn about responsibility for marriage, parenting, finances, sexual issues and more.

Men Mentoring Men Again: Men's Discipleship Course, an Interactive One-On-One or Small Group Christian Growth Manual for Men, by Daryl G. Donovan (CSS Publishing, 2000) ISBN 078801594X

This guide goes beyond *Men Mentoring Men* to consider pressing issues men face. How does a man overcome habitual sins? How do men cope with the busyness of life? What's a godly man's role in the workplace? Men using this resource will develop a spiritual growth plan, as well as learning to wage spiritual warfare, to fast and pray, and to walk in obedience. It is a resource designed to assist Christian men in fulfilling Christ's commission. It is not merely information -- it is an action-oriented guide which requires relationship and mutual accountability. Each session will challenge men to share their victories and their struggles ... to maintain a daily journal as well as being committed to regular Bible reading.

The Mentored Life: From Individualism to Personhood, by James M. Houston (NavPress, 2002) ISBN 1-57683-318-6

This book introduces you to a framework for discipleship and helps you gain a greater understanding of God's desire to mentor us.

Mentoring, by Henry A. Simon (Concordia, 2001) ISBN 0570052807

This book gives the background of mentoring—a one-on-one teaching relationship that is both personal and professional. In eight chapters, it shows how mentoring took place in the Bible (includes both Old and New Testament figures) and how to apply these lessons today.

Mentoring: A Guide for Ministry, by Cherly Lawrie (Upper Room, 2005) ISBN 0881774685

Exploring the importance of mentoring to the development of faith and life skills, it is also a practical guide to setting up a mentoring program. Though focused on youth, it can be adapted to mentoring in other age groups and situations.

Mentoring: Confidence in Finding a Mentor & Becoming One, by Bobb Biehl (Broadman & Holman, 1997) ISBN 080546347X – *OUT OF PRINT*

The author clearly explains what mentors do and don't do, the nature of the mentor/protégé relationship, the most common roadblocks to effective mentoring, and more to help you succeed as mentor or protégé.

Mentoring for Meaningful Results: Asset-Building Tips, Tools, and Activities for Youth and Adults, by Kristie Probst (Search Institute, 2006) www.search-institute.org

Mentoring for Meaningful Results is a mentoring program leader's complete "start-up kit" that provides mentors, mentees and parents or caregivers everything they need to establish and maintain a successful mentoring relationship. Using practical tips and activities along with the Developmental Assets framework, *Mentoring for Meaningful Results* will enhance both mentoring programs in schools, organizations, and communities across the country, and the lives of the children and youth they serve.

Mentoring Millennials: Shaping the Next Hero Generation, by Daniel Egeler (NavPress, 2003) ISBN 1576833828

Connect with the Millennial generation who longs for relationships and meaning. This book will help you understand how they are different from previous generations and will explain several types of mentoring that you could make a part of your life.

Mentoring: Sharing the Journey (Concordia) Item number S0-2503. Order directly from Concordia at www.cph.org

An eight-session video-based course on the ministry of mentoring. Includes a video and a workbook. Will help mentors and learners set up a healthy mentoring relationship and train mentors in basic mentoring skills.

The Mentor's Guide: Facilitating Effective Learning Relationships, by Lois J. Zachary (Jossey-Bass, 2000) ISBN 0787947423

Thoughtful and rich with advice, *The Mentor's Guide* explores the critical process of mentoring and presents practical tools for facilitating the experience from beginning to end. Now managers, teachers, and leaders from any career, professional, or educational setting can successfully navigate the learning journey by using the hands-on worksheets and exercises in this unique resource. Readers will learn how to:

- Assess their readiness to become a mentor
- Establish the relationship
- Set appropriate goals
- Monitor progress and achievement
- Avoid common pitfalls
- Bring the relationship to a natural conclusion

Parents' Guide to the Spiritual Mentoring of Teens, edited by Joe White and Jim Weidmann (HERITAGE BUILDERS – Tyndale, 2001) ISBN 1561798916

This book answers many questions asked by parents of teens by sharing information, advice, and techniques to help guide teens into a growing, grace-filled love relationship with Jesus Christ.

Sacred Companions: The Gift of Spiritual Friendship and Direction, by David Benner (InterVarsity, 2002) ISBN 0830823425

The author introduces you to the riches of spiritual friendship and direction, explaining what they are, how they are practiced and how they move beyond mere moral lifestyle accountability to care for souls.

Seeking Wisdom: Preparing Yourself to Be Mentored, by Edna Ellison and Tricia Scribner (New Hope Publishers, 2001) ISBN 1563097400

The authors offer practical help including needs inventories and a getting-to-know-you questionnaire. With an interactive, fill-in-the-blank approach, this book shows you how to know where to find a mentor, how to approach a potential mentor, how to decide how much time you can invest, and how to relate to mentors of different age groups.

Shaping the Next Generation, by Dr. Daniel Egeler (NavPress, 2003) ISBN 1576833828

This book provides a framework to help older generations reach out to and teach what the author believes what the author believes could be the next "hero generation."

Spiritual Mentoring: A Guide for Seeking and Giving Direction, by Keith R. Anderson and Randy D. Reese (IVP, 1999) ISBN 0-8308-2210-0

The authors provide motivation, principles and plans for starting and continuing a shared adventure of Christian growth.

Spiritual Mothering: The Titus 2 Model for Women Mentoring Women, by Susan Hunt (Crossway Books, 1993 2nd ed.) ISBN 0891077197

The Apostle Paul in his letter to Titus assigns older women the task of ministering to the younger women in the Christian community. This book provides an understanding of this "mothering mandate" for contemporary times.

Successful Youth Mentoring, edited by Keith W. Drury (Group, 1998) ISBN 0764421042

These 24 sessions for mentors help adults develop leadership characteristics in young people. Sessions include active and interactive experiences, along with lots of relationship-building discussion. A good resource for new mentors and seasoned veterans alike.

Women Mentoring Women: Ways to Start, Maintain, and Expand a Biblical Women's Ministry, by Vickie Kraft (Moody Press, 2003) ISBN 0802448895

The author proposes that, given the opportunity, women can make a significant difference in the health of congregations and contribute to growth when they are encouraged to minister woman to woman in mentoring relationships.

Woman to Woman: How to Start, Grow, and Maintain a Mentoring Ministry, by Janet Thompson (Lifeway Press). Titles in this program include:

Mentor Handbook – ISBN 0-6330-0287-9

Mentee Handbook – ISBN 0-6330-0288-7

Training Leader Guide – ISBN 0-6330-3532-7

Coordinator's Guide – ISBN 0-6330-2950-5

This bibliography was prepared by the staff of the Covenant Resource Center. While not specifically endorsed by the Evangelical Covenant Church, the above resources may be helpful as you plan for ministry. For additional assistance or suggestions, contact the Covenant Resource Center at 1-800-338-IDEA(4332) or resource.center@covchurch.org.

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