

A Confession of Worry

by Randall Wilkens (referencing Isaiah 53:6, 2 Peter 1:3, James 1:5-6, Psalm 37:3-5, Matthew 6:25-33, Psalm 61:1-4)

Lord, we confess that the worry of our lives reveals a lack of trust in You. We have brought unnecessary stress upon ourselves by doing things our way instead of Yours:

We have tried to make due with our own resources, forgetting that You are the source of everything we need for life and godliness.

We have relied on our own wisdom, doubting that You will generously give far greater wisdom to all who ask.

We have trusted in our own plans for the future, neglecting to commit our ways to You.

We have tried to meet the needs of our lives on our own, instead of seeking Your kingdom and righteousness first.

Forgive us, O Lord, for our lack of trust. Teach us instead to walk in the surpassing knowledge that You are in control. Help us to know deeply that because You are our refuge and our strength, we can stand firm even in the face of trials, uncertainty, and want. We are dependent on You, knowing that lives which are pleasing to You are lived by Your grace alone, through Jesus Christ our Lord. Amen.